



# INTERNATIONAL CONFERENCE

On

## *Ayurveda -Yoga-Nathpanth - 2025*

*From : 12-01-2025 to 14-01-2025*



*Organized by :*

**Mahayogi Gorakhnath University Gorakhpur**

Gorakhpur, Uttar Pradesh, India

**VENUE :**

*Panchakarma Auditorium*

*Mahayogi Gorakhnath University Gorakhpur*

*Arogya Dham, Balapar Road, Sonbarsa,*

*Gorakhpur -273007, Uttar Pradesh, India.*



**Ayurveda**



**Yoga**



**Nathpanth**

**A**yurveda is the science of life practiced by ancient Aryans which is based on Atharva-Veda, one of the oldest scriptures of Hindus. The Ayurveda drugs are obtained from natural source only i.e. from plant materials, animal products and mineral products. Ayurveda compound formulations are prepared by using these raw materials by processing with a specific pharmaceutical methods. The main object of Ayurveda compound formulations /single drug preparations is to counteract the imbalance of three Dosha (genomics) i.e. Vata, Pitta and Kapha which regularizes the normal working of the Human body system. Yoga is integral part of Ayurveda helps in maintaining well-being of body, mind and soul. Yoga is defined as the application of yoga practice and postures to the treatment of health conditions and involves instruction in yogic practices and teachings to prevent reduce or alleviate structural, physiological, emotional and spiritual pain, suffering and enhance overall well-being and quality of life. Nathpanth school of yoga and Rasashashtra has been contributed to great extent for the mankind.

Nathpanth (Nath Sect / Nath Sampradaya) is a religious sect under the "Shaiva sect" of Hinduism. Believed to be started with the origin of mythical god & incarnation of God Shiva "Dattatreya". Dattatreya is believed to be the founder or the "Aadi Guru" (first teacher) of the Nath sect. The Nath sect is a tradition which indulges and practices many types of traditions like Yoga, Tantras (sorcery), Mantras (spells) etc. It is believed that Gorakhnath was also a saint from this clan. He added many new traditions into this tradition like Siddha Yoga. Naths are also associated with "Naga Sadhus" believed to be the saints of highest ranks. Naths have the highest prominence in the Saints hierarchy. Gorakhnath himself was a incarnation of Shiva with many powers and the knowledge of wide ranges of bewitchment, mesmerism, spells, spellbinding, and sorcery. Shri Yogi Aditya Nath Ji Maharaj is currently the Gorakhnath Math Mahanth, carrying on the Nath sect. Presently Nath sect is prevailed all over India and Nepal.

Most of the Siddhas or Yogis or perfected beings belonging to the Nath order are also known as Rasa Siddhas or alchemists. They are so referred to because of their experiments with using processes to increase the lifespan and to allow the individual to attain liberation within the same lifespan.

Yoga and the Nath Siddhas are closely linked and much of the Yogic techniques and texts that are taught today can be attributed to the Nath. The Nath Yogis were scientists of ancient times, who through methods and techniques were able to refine their bodies and minds to attain a spiritually enlightened state.

The Nath Yogis devised such practices and methods to bring about the purification and de-conditioning and this science became popularly known as Hatha Yoga or Raja Yoga.

The objective of this International conference is to assess the therapeutic effects of Ayurveda, Yoga and need to follow the Nath panth to provide a physical and mental well being of Human beings by providing mind-body fitness to the entire world. This International conference also plays a very important role and gives elaborate understanding of the Nath Philosophy as well as the yogic practices and Ayurveda.

### **Mahayogi Gorakhnath University Gorakhpur :**

With the grace and blessings of Shiva Avatar Mahayogi Guru Gorakshanath Ji and with the loving inspiration and blessings of Sant Shiromani Goraksha Peethadheeshwar Param Pujya Brahmalin Mahant Avidyanath Ji Maharaj, who had a dream resolution towards the betterment of education, the present Peethadheeshwar of Gorakshapeeth and the successful Chief Minister of Uttar Pradesh Shri Yogi Adityanath ji established Mahayogi Gorakhnath University Gorakhpur in the year 2021 with a vision of providing comprehensive services in the fields of Medicine, Ayurveda, Nursing, Allied Health Sciences, Pharmacy, Paramedical, Agriculture, Management and Law etc . Under these comprehensive services.

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## Organizing Committee

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### **Shri Yogi Adityanath Ji Maharaj**


Hon'ble Chief Minister, Government of Uttar Pradesh  
Chancellor, Mahayogi Gorakhnath University Gorakhpur



Patron

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Pro-Chancellor, Mahayogi Gorakhnath University Gorakhpur



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### **Major General (Dr) Atul Bajpai (Retd.)**


Vice Chancellor, Mahayogi Gorakhnath University Gorakhpur



Convener

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Senior Professor, Dept. of Rasashatra & Bhaishajya Kalpana,  
Faculty of Ayurveda, IMS, BHU, Varanasi.



Organizing Secretary

### **Dr. Vinamra Sharma**

Associate Professor, Dept. of Rasashatra & Bhaishajya Kalpana,  
Guru Gorakshnath Institute of Medical Sciences, MGUG, Gorakhpur

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## *International Advisory Committee*

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Director, R&D Unit, Emami LTD., India

## Near by Visiting Places



Vishwanath Temple  
Varanasi

Gorakhpur city is well connected with Flight services, Roadways and Rail. Gorakhpur city also surrounded by different ancient and historical places.



Sarnath

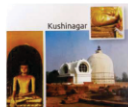


Gorakhnath Temple



Ram Temple  
Ayodhya

Since Gorakhpur is adjacent to Nepal therefore it is well connected with Lumbini, Khatmandu etc. places in Nepal.



Kushinagar

## REGISTRATION DETAILS:

**Registration Fee: Rs. 3,000/-**

**\*Note:** Registration fee includes accommodation, food and processing charges of publication of selected research or review papers.

Accepted research or review articles will be published in special issue of International Journal of Ayurvedic Medicine (IJAM) indexed in Clarivate, Web of Science, Open access Journal. Paper will be accepted as per the guidelines of journal having 4000 words with Times New Roman Font Size-12. However, the papers having more content will be charged extra. Paper received after 30<sup>th</sup> September 2024 will not be entertained.

**Early bird registration:** 30th September 2024.

### **Reserch Topics for Paper Submission:**

- Current Researches in Ayurveda
- Pratices of Yoga and researches in Yoga with Ayurveda interventions.
- Nath Sampraday its relation with Yoga and Ayurveda .

### **Contact Us:**

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## BENEFICIARY DETAILS

Account number:	0666000100480362
IFSC	PUNB0066600
Name of the bank	Punjab National Bank
Bank Branch	Industrial area, Gorakhpur
Beneficiary name	Seminar Mahayogi Gorakhnath University, Gorakhpur